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# Do-it-all Dancer Myrosia Palmer Grooves With KEM, Jennifer Hudson And More

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Canadian dance extraordinaire excels on tour, TV and in music videos



Online PR News – 13-January-2016 – Myrosia Palmer has been establishing herself as one of today's most revered, prolific and outstanding dancers. For years, she's showcased her elite talents in music videos, live performances, television, film and more.

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She's performed with Jennifer Hudson on nationally televised shows and with Lenny Kravitz at the Grey Cup. She's danced in music videos for Snoop Dogg, and Sir Paul McCartney and Michael Jackson. She's graced the stages at some of the most renowned venues in the U.S. and Canada, and danced for some of the world's finest choreographers.

To actually be in that position to be doing the thing you wanted to do, Palmer said, it's kind of surreal.

The Toronto native closed out the final quarter of 2015 by performing on the Promise to Love tour headlined by KEM, a three-time Grammy nominated R&B singer and Motown recording artist. Rounding out the tour of soul heavyweights were special guests Avant, Marsha Ambrosius and Jazmine Sullivan.

The tour ran through November, 2015 and made stops in major U.S. cities including Los Angeles, New York, Atlanta, Washington, D.C., Baltimore, Chicago and Detroit. It marked an unprecedented concert series where for the first time KEM's performances featured live dancers.

Joylene Jae Blaze Frazer choreographed the tour. Frazer is an 18-year industry icon and has worked with Rihanna, The Black Eyed Peas and Whitney Houston, and choreographed performances for the Super Bowl, Academy Awards and Grammys.

When Myrosia attended my audition, it was evident to not only me but also Kem the top tier talent she possessed, Frazer said. Her grace and versatility was something that stood out above the rest. She had great lines within her arms and legs in addition to a great stage presence.

Palmer, who has performed in many genres including Latin and African styles, dance hall, R&B, hip hop and jazz, welcomed the opportunity to share her artistry with a very specific audience.

As for Kem, he calls it grown folks music, she said. The audience is a little bit older and more mature in their musical taste. The choreography matched that to the 'T.' It was very grown, sexy and classy.

KEM's set ran for about 80 minutes and featured dance performances with seven songs, including the set's opening three songs. The tour was a critical and commercial hit that played to some sold out crowds.

Myrosia was very easy to work with and quick to learn and make adjustments, Frazer said. She is very professional and a rare and unique talent that is in great demand.

That type of praise is becoming the norm for the exquisite 5-foot-6 dance extraordinaire.

In 2015, Palmer lead danced in the Sir Paul McCartney and Michael Jackson remix video for Say Say Say. The video rebooted the original song, which released in 1983 and was listed as the 40th biggest hit of all time by Billboard magazine.

Jason Baum served as one of the producers of the remix video, which was a silhouetted step routine directed by Ryan Heffington.

Baum said, For this role, we needed the dancers to have strong arms, impeccable timing, precision skills, flexibility and of course, exceptional performance quality. She brought a unique and rare essence to the video that I haven't seen before.

Recognition didn't stop there. We each got an email from Sir Paul McCartney, Palmer said. It was great to be a part of the video because it was so historic.

In September, 2014, Palmer had the chance to be a part of two other distinguished productions. The first was a Jennifer Hudson performance at CBS' Fashion Rocks event held inside Brooklyn's Barclays Center.

Hudson, a Grammy award-winning singer who also won an Oscar for Best Supporting Actress in Paramount Pictures' Dreamgirls, performed her hit single, It's Your World, that features R. Kelly.

Palmer performed as one of the leading house dancers and was choreographed by the legendary Fatima Robinson and Adrian Wiltshire. The event also included a disco melody by Duran Duran with a special appearance from famed drag performer, Latrice Royale.

Ilia Jessica Castro is a choreographer and dancer who has toured and danced for many stars such as Beyonc,

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Jennifer Hudson and Janet Jackson. She's performed in many films including Universal's "Honey" where she served as principle dancer and as Jessica Alba's dance double. Castro co-choreographed the 2013 award show, Black Girls Rock, for which Palmer performed with Hudson for the first time, and she's kept an eye on Palmer's flourishing career.

Not only did Myrosia further evidence her vast skill sets on stage in front of millions of people worldwide, but actively added to the tone and momentum of the music acts and their respective performances, Castro said of Fashion Rocks. She absolutely thrived in matching her body movement and flexibility on stage with the content and musicality of each act.

Shortly after Fashion Rocks, Palmer collaborated again for Hudson's performance of It's Your World during the Season 9 finale of NBC's America's Got Talent at New York's Radio City Music Hall.

Robinson and Wiltshire handled choreography, which was really feminine and strong. It gave each of us our own identity and we could add our own personality, said Palmer.

Dancing before she was 3 years old, Palmer caught her first professional break in 2006 when she joined the step group, Black Ice, that went on to perform at BET's Spring Bling. Some of her other performances have been for many superstars including Mya, Janelle Monae, Lil' Kim, Lil Jon and Sean Paul, to name a few.

Palmer is repped by Bloc Talent Inc [www.la.blocagency.com](http://www.la.blocagency.com)

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